

EVENT SPOTLIGHT

**THE BREATH
OF NEW LIFE**
RELIEF TODAY. TRANSFORMATION FOREVER.

Reiki Infused Transformational Breath®



Experience the benefits, power and healing potential of Transformational Breath® and Reiki.

Reiki Infused Transformational Breath®

Live In-Person

Saturday, May 18th, 2-4 pm

Saturday June 20th, 2-4 pm

Event Location: The Temecula Yoga Collective,
26780 Ynez Ct., Temecula, CA

Session cost: \$35.00

Unleash the Healing Power Within: Join our Reiki Infused Transformative Breath® Workshop!

Discover the benefits and healing potential of Transformational Breath® and Reiki. Tap into physical, mental, emotional, and spiritual well-being.

Under Mary's guidance, set intentions and experience Reiki and Transformational Breath®. Release restrictions, invite healing life force energy, and reconnect with your true self, love, peace, and joy.

Learn a natural, safe breathing pattern that brings enhanced energy, emotional release, reduced anxiety, and increased calmness, focus, and inspiration.

Expect nourishing relaxation, improved digestion, and heightened intuition. Leave feeling lighter, empowered, restored, and deeply relaxed.

Secure your spot by contacting Mary@TheBreathOfNewLife.com.

Cost: \$35. 16 spaces available.

Join us on Sunday, May 18th and June 15th from 2-4pm, and unleash the healing potential within you.

Ignite your power and embark on a journey of self-discovery and healing. Reserve your place today.

#BreathAndReikiWorkshop

Registration: <https://www.thetyc.com/events>